Saint Rose Starter Checklist

We are delighted you are joining us this spring! Make sure you check every item before the first day of classes on January 16, 2024.

Sign in to your Saint Rose email

We send ALL notifications to your @strose.edu email, so please check it often. Log into the checklist and click on the Email tab. The instructions are waiting!

Register for an Express Orientation Day

Orientation is a required half-day program designed to help you acclimate to campus, meet other students, and speak with a faculty advisor about your course schedule. Dates are December 8, 2023 and January 10, 2024. Register for one of these days. https://onlineforms.strose.edu/orientation.

Pick your courses

Complete the Self Directed Placement for English Composition and then fill out your Pre-Registration Worksheet. These forms will give us information about your course preferences and major so we can create your class schedule. Please complete both of these forms within the next 10 days at https://onlineforms.strose.edu/orientation. Once your schedule is created, we will send you an email with instructions on how to access it. You will then have the opportunity to request schedule changes. Schedules will also be discussed during orientation.

Take the Math Placement (or get ready for one!)

Complete your math placement before Orientation. The exam is required for any students in the following majors: Biology, Biochemistry, CSD, Computer Science, Criminal Justice, Cybersecurity, Forensic Psychology, Forensic Science, Nursing, Public Health, Psychology, and any student planning to have a Computing and Logic, Biology or General Science concentration in an Education major. Students are exempt from the math placement exam if they transfer in the equivalent of College Algebra, Pre-Calculus, or Calculus or have a 3 or better on the AP Calculus exam. The exam is optional for any other major. To either review for the placement test or to make an appointment to take the test online, please contact Dr. Matthew Woods at woodsm@strose.edu. Study materials can be found at mathplacement.strose.edu.

Living on campus? (Fill out your housing forms.)

Apply for housing and select your meal plan. Housing requests are first-come, first-served, so don’t wait! The links are under the Residence Life tab of the checklist under the Secure Area on bannerweb.strose.edu. There is a two-year residency requirement for all incoming first-year students. More information can be found at the Residence Life website here: https://www.strose.edu/policies. Contact reslife@strose.edu with questions.

Upload a photo for your student ID

To have your student id ready when you get here, you can upload a photo of yourself using this website: https://myphoto.strose.edu
Submit your health forms
There are forms we need your doctor to fill out.
Find instructions at: www.strose.edu/healthforms.

Talk with Financial Aid
eBills are emailed in June.
Talk with Financial Aid to make sure forms are in, loans are processed, and questions are answered. Your financial aid tab under the checklist will make this easier.

Submit proof of high school graduation
We need official proof that you graduated high school for you to receive financial aid.
- First-year students should have the high school send transcripts after they graduate.
- Transfer students can have it sent from their high school or provide a copy of their diploma or final transcript.
- Students who are transferring credits should contact their college’s Registrar’s Office to send their official transcripts so that we can award the most credit for their effort!

CAMPUS RESOURCES:

- Academic Advisement / 518.454.5217 / advisement@strose.edu
- Admissions / 518.454.5150 / admit@strose.edu
- Bursar’s (Payment) Office / 518.458-5464 / bursar@strose.edu
- Financial Aid / 518.458-5464 / finaid@strose.edu
- First-Year Experience / Orientation / 518.454.5117 / orientation@strose.edu
- Health Services / 518.454.5244 / healthservices@strose.edu
- Safety and Security / 518.454.5187 (non-emergency)
- Residence Life / 518.454.5295 / reslife@strose.edu
- The Office of Students with Disabilities / 518.337.2335 / cantwell@strose.edu
- Veteran Affairs / 518.458.5364 / dinanm@strose.edu
- Math Placement / Dr. Matthew Woods / 518.454.2177 / woodsm@strose.edu