

# Stuttering Treatment Program:

Council for Effective Communication (CEC)

Summer 2023

The  
College  
of Saint  
Rose



Please join us for our 45th Weekend Workshop and Summer Program for people who stutter.

- We offer individualized treatment to maximize daily communication abilities and overall quality of life for children ages 6+ as well as adolescents and adults who stutter.
- We implement a number of evidence-based approaches through individual and group sessions. Group sessions provide the opportunity to meet and interact with other individuals who stutter during structured activities.
- Our treatment is provided by graduate student clinicians under the direct supervision of ASHA-certified Speech-Language Pathologists, specializing in fluency.
- **This year we will be offering a hybrid program.** We will be hosting 5 virtual individual therapy sessions on June 7, June 14, July 12, July 26, August 2, and an in person Weekend Workshop on June 23-25. These sessions are designed to support the use of techniques in every-day life.



“Ryan Cowley, is an author, public speaker, and sportswriter. He has written and published two books with more on the way, spoken to colleges across the United States, and, as a sportswriter, has covered some major events such as the NHL’s Stanley Cup Final. Ryan currently lives in Toronto with his wife, Shannon. He will join us throughout the weekend by signing books, providing opportunities for interaction, and delivering a keynote address during our gala dinner on Saturday, June 24, 2023.”

## Summer Program Overview

### Virtual Individual Therapy Sessions

#### Times:

Child and teen sessions run from 5:15 to 6:00 p.m.  
Adult sessions run from 6:00 to 7:00 p.m.

### 45th Weekend Workshop

Touhey Forum, Thelma P. Lally School of Education 1009 Madison Ave, Albany, N.Y.

#### Friday, June 23:

- 5:30-6:30 p.m. Individual Sessions
- 6:30 to 8:30 p.m. Welcome Reception

#### Saturday, June 24:

- 8:30 to 9:00 a.m. Breakfast
- 9:00 to 12:00 p.m. Morning Individual and Group Program
- 12:00 to 1:00 p.m. Working Lunch
- 1:00 to 5:30 p.m. Afternoon Individual and Group Program

#### Dates:

June 7, 2023: Assessment  
June 14, 2023: Goal Setting  
July 12, 2023: Therapeutic Activities  
July 26, 2023: Therapeutic Activities  
August 2, 2023: Wrap-up and Reflection

- 6:00 to 9:00 p.m. Banquet with Keynote Address by Ryan Crowley, author, public speaker and sportswriter

#### Sunday, June 25:

- 9:00 to 9:30 a.m. Breakfast
- 9:30 to 11:30 a.m. Morning Individual and Group Program
- 11:30-12:30 p.m. Working Lunch
- 12:30 to 3:00 p.m. Individual Sessions and Closing Ceremony

## Session Fee, Registration and Payment Information

The summer program consists of both, the Weekend Workshop for Effective Communication (in person) and the individual therapy sessions (virtual) prior to and following the workshop. **Clients wishing to enroll must commit to all parts of the summer program.**

### Summer Session Fee

The Summer 2023 program fee is **\$500.00**. This fee includes the 5 individual therapy sessions, the 45th Weekend Workshop and associated meals for registered attendees.

Additional meal packages for family and friends may be purchased by adding **\$60.00** for the breakfast and lunch package and/or **\$35.00** for the banquet to the attendee's registration.

**Partial scholarships are available upon request.**

Please email [stuttering\\_gw@strose.edu](mailto:stuttering_gw@strose.edu) if you are interested in applying for a scholarship.

### Registration

#### To Register

Send an email to [stuttering\\_gw@strose.edu](mailto:stuttering_gw@strose.edu) by including:

- Name
- Interest in applying for a scholarship
- Additional meals

Please indicate if you would like to purchase additional meals for family and friends:

Additional breakfasts and lunches **\$50/person**  
 Additional buffet dinner for the banquet **\$25/person**

OR Register here: <https://www.strose.edu/cec-summer/>

### Payment Options

After your registration has been confirmed, an electronic invoice will be emailed to you, which you can pay electronically or by phone.

### Let's Talk!

For more details in regards to the summer program or with assistance in registering, please contact [stuttering\\_gw@strose.edu](mailto:stuttering_gw@strose.edu) or 518.337.4914.  
Pauline K. Winkler Speech-Language-Hearing Center 1009 Madison Avenue, Albany, NY 12203

