#### Patricia L. Weldon

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### Education

**Doctor of Philosophy in Social Welfare** **2013**

University at Albany, State University of New York, Albany, NY

Dissertation topic: *An exploration of the influence of social supports and cultural factors on the development of posttraumatic growth in adult Haitian immigrants*.

**Post Graduate Certificate in Disaster Mental Health 2007**

University of South Dakota, Vermillion, SD

**Post Graduate Certificate** **in Psychological Trauma 1995**

Boston University, Boston, MA

#### Master of Social Work 1991

Boston College, Chestnut Hill, MA

**Bachelor of Arts Major in Psychology 1988**

Boston University, Boston, MA

### Areas of Interests

Psychological trauma, post-traumatic growth, resilience, psychiatric emergencies, disaster mental health, crisis intervention and cultural influences on trauma outcomes

***Publications***

Hardiman, E. Caringi, J., Weldon, P., Fletcher, S. Devlin, M., & Stanick, C., (2016). An examination of occupational health phenomena: Secondary traumatic stress, compassion fatigue, and burnout among social workers in Montana. *Traumatology.*

Hopson, L. and Weldon, P., (2013). Parental expectations and academic success in the context of school climate effects. *Families in Society: The Journal of Contemporary Social Services*: 2013, Vol. 94, No. 1, pp. 45-52

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|  | Larkin, H., Hardiman, E. R., Weldon, T., & Kim, H. C. (2012). Program Characteristics as Factors Influencing the Implementation of Mindfulness Meditation in Substance Abuse Treatment Agencies. *Journal of Religion & Spirituality in Social Work: Social Thought*, *31*(4), 311-327 |

***Peer Reviewed Conference Presentations***

Weldon, P., and Tracy, E. (2017) *Workplace Critical Incident Response: An Exploratory Study of Critical Incident Responders and Their Perspective of Applied Practice* International Critical Incident Foundation World Congress, Workshop, Baltimore MD May 3-6

Weldon, P., and Ciarfella, T., (2016) *The Trauma-Informed Care Curriculum: Does It Have the Right Focus?* Council on Social Work Education, Oral presentation, Atlanta GA November 3-6

Weldon, P (2016) *An exploration of social supports and cultural traditions on the development of post-traumatic growth among adult Haitian immigrants* Joint World Conference on Social Work, Education and Social Development, Oral presentation, Seoul, S. Korea June 26-29

Weldon, P, Kim, A & Gonsalvez, J (2016) *Global social work education and transformative international educational experiences through engagement in cultural humility practice* Joint World Conference on Social Work, Education and Social Development, Oral presentation, Seoul, S. Korea June 26-29

Weldon, P (2015) *An exploration of social supports and cultural traditions on the development of post-traumatic growth among adult Haitian immigrants* Haitian Studies Association conference Paper presentation Montreal, Canada October 22-24

Hopson, L. and Weldon, P. (2012) *The influence of parental expectations on academic outcomes in the context of school climate effect* Society of Social Work Research conference Paper presentation Washington D.C. January 11-15

Hardiman, E. Caringi, J., Weldon, P., Kim, H., and Buck, E., (2011) *An examination of occupational health phenomena: Secondary traumatic stress, compassion fatigue, and burnout among social workers in Montana* Society of Social Work Research conference Symposium presentation Tampa, FL January 12-16

Hardiman, E. Caringi, J., Weldon, P., and Kim, H., (2010) *An examination of occupational health phenomena: Secondary traumatic stress, compassion fatigue and burnout among social workers in Montana* American Public Health Association conference Paper presentation, Denver, CO November 6-10

Larkin, H. and Weldon, P. (2010) *Creating a blended curriculum: Homelessness: Prevention and intervention* Council of Social Work Education conference Paper presentation, Portland, OR October 14-17

Weldon, P (2010) *Homicide of a Child: Parental grief reactions and cultural factors* National Association of Social Workers, New York State Chapter annual conference Poster presentation Albany, NY March 12

### Teaching

### Assistant Professor August 2017 - present

### The College of St. Rose

Teach courses in the MSW program including Social work with individuals and families, Clinical interventions with trauma and Social work with children. Involvement in curriculum development, faculty recruitment and hiring, and student admissions. Provide student advisement and mentoring.

### Assistant Professor August 2014- 2017

Marywood University

### Taught courses in the MSW program including Research 1 and 2, Social work with children, Social work perspectives on Trauma, Advanced Practice and the Culminating Integrative Seminar. Created a syllabus for a new course on Crisis Intervention which was been approved by the School of Social Work’s curriculum committee. The course was been designed to be offered either as a traditional in person or hybrid course.

### Lecturer

### University at Albany, School of Social Welfare Summer 2014

Trauma Informed Child Welfare Practice

### Lecturer

### University at Albany, School of Social Welfare Spring 2013 and 2014

Macro Practice 2 (RSSW 603, 3 credits) Core curriculum course

### Lecturer

### University at Albany, School of Social Welfare Fall 2012 and 2013

Macro Practice 1 (RSSW 601, 3 credits) Core curriculum course

### Lecturer

### University at Albany, School of Social Welfare Summer 2012

Crisis Intervention (RSSW 731, 3 credits) Advanced practice course

### Lecturer

### University at Albany, School of Social Welfare Spring 2012

Disaster Mental Health (RSSW 703, 3 credits) Elective course

### Lecturer

### University at Albany, School of Social Welfare Spring 2011

Human Behavior and Social Environment (RSSW 662, 3 credits) Core curriculum course

### Senior Instructor 2010 to 2013

### Cambridge College, School of Psychology and Counseling

### Introduction to Disaster Mental Health (CCP 607, 1 credit) Required course

### for Trauma certification. This class was taught once a semester for a total of 9 times.

*Teaching Intern*

University at Albany Spring 2010

Homelessness: Intervention and Prevention (RSSW 685, 3 credits) - Taught multiple class meetings, provided feedback on the online portions of class assignment, graded papers and participated in the development of assignments as part of the Teaching Internship RSSW 854(3 credits)

### Grants and Awards

### Marywood University - Research Initiative Grant June 2016

### $2750

### Society of Social work Research- **Doctoral Fellows Award- January 2013**

### Award- $3,000

### Research

*Investigator*

The College of St. Rose 2017- 2018

A project titled Organizational crisis plans- Is employee well-being considered? The study has been initiated. Beginning steps involving the creation of the study methods and data collection tools have been completed. The project is under review by the Institutional Review Board at this time.

*Co-investigator*

Marywood University 2015 - 2017

A project titled *Workplace Critical Incident Response: An Exploratory Study of Critical Incident Responders and Their Perspective of Applied Practice* is in progress. The literature review was conducted. IRF approval was obtained and data collected. Both quantitative data was collected through online survey and qualitative data was collected through phone interviews. Data is currently being clean and prepared for analysis.

*Co-investigator*

Marywood University 2015-2016

A project titled *Trauma Informed Care Curriculum: Does it have the right focus?* Publicly available syllabi for trauma courses in MSW programs across the country have been collected. Analysis has been completed regarding how the syllabi align with CSWE and SAMHSA standards and recommendations for trauma informed care. This research is being presented at the CSWE conference and will be written for publication

*Research Assistant*

University at Albany School of Social Welfare 2008 – 2012

Conducted quantitative and qualitative data analysis, literature reviews, participated in the development of research questions and conceptualization of research projects. Conducted statistical analysis. Participated in meetings for statistical consultation and research design with state agency research partners. Research has been done in the areas of factors that influence student academic outcomes, adverse childhood experiences, and trauma issues in methadone clients.

**Professional Experience**

## *Clinical Care Manager*

## Value Options- Latham, NY 2010 - 2014

Conduct mental health assessment reviews to determine the level of care needed for psychiatric or substance abuse patients. Provide telephonic support, crisis management, resource referrals and psycho-education to members.

## *Employee Assistance Program Consultant*

## Sobel and Raciti Associates Providence, RI 2009 – 2010

Provided telephonic support, crisis management, resource referrals and psycho-education to employees of businesses contracted with the company.

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# Crisis Consultant

# Supportive Solutions Inc. Pittsburgh, PA 2007- 2013

Provided psycho-education/consultation on an individual or group basis to employees after their company has experienced a traumatic incident. Provided referral information as needed.

*Behavioral Health Team Leader*  2004- 2009

Blue Cross Blue Shield of MassachusettsQuincy, MA

Managed up to 20 clinical and non-clinical personnel. Provided clinical supervision. Involved in the development and implementation of several new programs. Participated in committees to ensure that quality standards and regulatory requirements were met.

*Behavioral Health Case Management Facilitator* 2002 – 2004

Blue Cross Blue Shield of MassachusettsQuincy, MA

Assigned and monitored employees work. Conducted quality assurance reviews. Was the primary contact for medical areas regarding behavioral health resources. Co-lead the Process Improvement work group that implemented over 20 new procedures.

*Behavioral Health Case Manager* 1997 – 2002

Blue Cross Blue Shield of MassachusettsQuincy, MA

Provided the clinical coordination of services for a caseload of 40-60 members. Participated in multi-disciplinary teams to develop appropriate treatment plans for members. Provided consultation to areas outside of behavioral health.

# Emergency Department Social Worker 2003 – 2006

South Shore Hospital Weymouth, MA

Conducted mental health assessments to determine the level of care needed for psychiatric or substance abuse patients. Responded to traumas to assist the families of the patients.

# Out-patient Therapist 1995 - 1997

Versacare Inc**.** Attleboro, MA

Conducted individual, family and group therapy. Supervised Master level intern and mentored new employees. Provided educational seminars to external agencies.

# Crisis Clinician 1996- 1998

Riverside Mental Health Center Norwood, MA

Conducted crisis evaluations with patients in contracted facilities emergency departments.

## *Crisis Clinician* 1994 – 1995

## Southern New Hampshire Regional Medical Center Nashua, NH

# Conducted crisis evaluations with patients in the emergency department.

# Crisis Team Liaison to community group homes 1993 – 1994

# Health and Education ServicesSalem, MA

Conducted crisis evaluations and interventions for residents of the group homes. Provided consultation to the programs directors and staff.

# Day treatment social worker 1991 – 1993

South Shore Mental Health Center Quincy, MA

Conducted group therapy and provide case management for seriously and persistently mentally ill clients.

***School/University Service***

**Marywood University**

Chair of the School of Social work Curriculum committee 2015 - 2017

Founding Director of the School of Social Work’s - Center for Social Justice and Community Collaboration 2015 - 2017

Lead Instructor for Social work with children course 2014 - 2017

College Grade Appeal committee 2015 – 2017

Advisor for week long service learning trip to Washington DC 2016

Search committee, director position 2016

**University at Albany**

Schoharie county Department of Social Services 2012

PhD Program Committee School of Social Welfare 2009- 2011

MSW Admissions Committee School of Social Welfare 2009 - 2010

### Other selected service

The Commonwealth Medical College 2015 - 2017

Member of the Behavioral Health Initiative committee

National Association of Social Workers, PA chapter 2015 - 2017

School social work task force committee member

The Commonwealth Medical College and the Wright Center

Interprofessional Student Hotspotting Learning Collaborative 2016- 2017

Co-advisor for student project involving multiple inter-professional area programs

### Relevant Professional Development

Core Concepts for Trauma Informed Child Welfare Practice- 2013-14

Trained to teach this problem based learning approach course sponsored by The National Child Traumatic Stress Network and the National Center for Social Work Trauma Education and Workforce Development

Disaster Mental Health Research Team training certificate

Sponsored by Boston College, Funded by the Terror and Disaster

Center of the National Child Traumatic Stress Network 2007

### Memberships

National Association of Social Workers

Council on Social Work Education

International Critical Incident Stress Foundation

### Licensures

Licensed Clinical Social Worker, New York 2018

Licensed Clinical Social Worker, Pennsylvania 2016

Licensed Independent Clinical Social Worker, Massachusetts 1993 - present

Academy Certified Social Worker 1995 - present

### Volunteer Experience American Red Cross

Lackawanna County, PA chapter 2014- 2017

Albany, NY chapter 2010- 2014

Massachusetts Bay Chapter 1997 - 2011

**Disaster Mental Health Volunteer**

Volunteer hours have varied depending on disaster activity. Hours have included being on call 24 hours a day to being on the scene of a disaster response for 10 hour shifts for multiple days.

**Co-Chair** of the Disaster Mental Health Team 2002 – 2008

Coordinated mental health responses and provided support and guidance to other volunteers and paid staff

**Co-State Lead** of Massachusetts Disaster Mental Health 2002-2008

Primary mental health contact person for other chapters within Massachusetts if assistance is needed

**Disaster Trainer** 2001 – present

Qualified to teach all basic level Red Cross disaster courses