

## *Donna Van Alst, Ph.D.*

School of Mathematics and Sciences  
The College of Saint Rose  
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### *Education*

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**COLUMBIA UNIVERSITY, GRADUATE SCHOOL OF ARTS AND SCIENCES, New York, NY**  
**Doctor of Philosophy, Social Work, May 2012**  
Concentration: Social Policy and Administration

**COLUMBIA UNIVERSITY, GRADUATE SCHOOL OF ARTS AND SCIENCES, New York, NY**  
**Master of Philosophy, Social Work, October 2011**

**RUTGERS UNIVERSITY SCHOOL OF SOCIAL WORK, New Brunswick, NJ**  
**Master of Social Work**  
Concentration: Administration, Policy, and Planning

**NEW YORK UNIVERSITY, LEONARD N. STERN SCHOOL OF BUSINESS, New York, NY**  
**Master of Business Administration**  
Concentration: Economics, Management and Organizational Behavior

**COLLEGE OF NEW ROCHELLE, New Rochelle, NY**  
**Bachelor of Arts**  
Concentration: Communication Arts - Journalism

### *Research Interests*

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- Child welfare services including case practice, adoption, foster care, and services for aging-out youth
- Addiction services within a child welfare context
- Program evaluation and applied research
- Quality improvement and evidence-based practice in social work

### *Teaching Interests*

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- Generalist social work practice
- Research methods and program/practice evaluation
- Social welfare history and contemporary policy
- Community intervention, management and administration, strategic and program planning, grant-writing and fundraising

## *Academic Appointments*

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### **July 2017 to present**

Assistant Professor of Social Work

School of Mathematics and Sciences, College of St. Rose, Albany, NY

- Teach undergraduate and graduate courses in generalist and advanced social work practice, administration and policy.
- Serve as MSSW Field Director arranging placements for 30+ students.
- Develop and conduct research and evaluation projects on social work-related topics.

### **July 2014 to June 2017**

Assistant Research Professor

Director, Office of Research and Evaluation, Institute for Families

School of Social Work, Rutgers, The State University of New Jersey, New Brunswick NJ

- Joint appointments to Institute for Families and the Child Welfare and Well-Being Research Unit.
- Develop and manage a portfolio of research and evaluation projects covering a wide array of social work-related issues with a strong focus on child welfare, addiction services, disaster recovery, psychosocial dimensions of health, and community planning.
- Write grants and proposals; manage staff of full- and part-time researchers; serve on Institute's Executive Management Team.
- Design and conduct applied research on topics including child welfare, disaster recovery, chronic disease, substance abuse prevention, community health, and aging with disabilities and community planning.

### **April 2011 to July 2014**

Instructor

Director, Office of Research and Evaluation, Institute for Families

School of Social Work, Rutgers, The State University of New Jersey, New Brunswick, NJ

### **January 2009 to April 2011**

Instructor and Research Specialist

Institute for Families, School of Social Work, Rutgers, The State University of New Jersey

## *Teaching Experience*

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### **July 2017 to Present**

Assistant Professor of Social Work, College of St. Rose, Albany, NY

#### **Courses Taught:**

MSSW Program

Health Policy, *Fall 2017, Fall 2018, Fall 2019*

Field Practicum I, *Fall 2017, Fall 2018*

Administration and Health Policy, *Spring 2018, Spring 2019*

Experiences of Violence in Childhood, *Summer 2018, Spring 2019*

Research Methods, *Fall 2019*

BSSW Program

Introduction to Social Work: Self Awareness and Social Relations, *Fall 2017*

Human Behavior in the Social Environment II, *Spring 2018*

**January 2009 to June 2017**

Assistant Research Professor, Rutgers School of Social Work, New Brunswick, NJ (July 2014-June 2017)

Instructor, Rutgers School of Social Work, New Brunswick, NJ (January 2009-June 2014)

**Courses Taught:**

MSW Program

Social Work Practice I, *Fall 2012*

Social Welfare Policy and Services I, *Fall 2012, Fall 2013, Fall 2014*

Social Work Practice II, *Spring 2009, Spring 2010, Spring 2013, Spring 2015*

Methods of Social Work Research I, *Spring 2012, Spring 2014*

Methods of Social Work Research II, *Fall 2009, Fall 2011*

Social Welfare Policy and Services II: Children and Families, *Fall 2009*

Advanced Practice: Management Practice and Theory, *Summer 2010*

Advanced Practice: Strategic Planning and Program Development, *Spring 2011, Spring 2012*

Violence and Abuse in Childhood, *Summer 2010*

Intensive Weekend MSW Program

Social Work Practice II, *Fall 2010, Spring 2012 (hybrid-format)*

Methods of Social Work Research II, *Fall 2011 (hybrid-format)*

Methods of Social Work Research I, *Fall 2013 (hybrid-format)*

**September 2003 – December 2008**

Adjunct Professor/Preceptor, School of Social Work, Columbia University.

**Courses Taught:**

MSW Program

Program Evaluation in the Social Services, *Fall 2003, Fall 2004, Fall 2005, Fall 2008*

Program Design and Development, *Spring 2004*

**January 2002 – May 2002**

Adjunct Professor, School of Social Work, Monmouth University.

**Courses Taught:**

BSW Program

Practice Evaluation in Social Work, *Spring 2002*

## *Other Professional Experience*

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### **April 2017 to Present**

Evaluation Coach

Center for States, Fairfax, VA

- Support local child welfare staff in planning and conducting evaluations to assess implementation and outcomes of projects conducted in collaboration with the Center for States, a Children's Bureau initiative to build capacity of state child welfare organizations. Projects have focused on foster care placement improvement (Texas); continuous quality improvement (New York); kinship care (New Mexico); continuous quality improvement (Virginia); and services for LGBT youth (Virginia).

### **July 2006 to December 2008**

Associate Director, Office of Community Initiatives

Institute for Families, School of Social Work, Rutgers, The State University of New Jersey, New Brunswick, NJ

- Directed unit that provided technical assistance, planning and applied research services to community-based organizations and governmental entities.
- Managed staff of three full-time and multiple part-time researchers and project coordinators.

### **January 2003 to June 2006**

Associate Director

Center for Children and Families, Rutgers – The State University of New Jersey, New Brunswick, NJ

- Directed applied research and technical assistance projects in collaboration with community and governmental agencies.
- Managed Transitions for Youth, a direct service project providing information and referral, mentoring, and academic support services to youth aging out of the child welfare system.
- Created Summer Housing and Internship Program, which offered temporary housing, internship experience, life skills activities and recreation to aging-out youth enrolled in college.

### **March 1999 – January 2003**

Program Coordinator

Center for Social and Community Development, School of Social Work, Rutgers, The State University of New Jersey, New Brunswick, NJ

- Conducted applied research and evaluation projects with community-based organizations.
- Staffed the New Jersey Network on Adolescent Programs, a statewide affiliation of adolescent-service providers.

### **January 1992 – March 1995**

Student Affairs Coordinator, Stern School of Business, New York University, New York, NY

- Managed academic support services including Teaching Effectiveness Center and teaching assistants.

### **July 1987 – August 1989**

Marketing and Communications Coordinator, United Way of Southeastern New England, Providence, RI.

January 1985 – June 1987

News and Features Reporter, The Waterbury Republican-American, Waterbury, CT.

### *Funded Research Projects*

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**2018 – Present**      **Principal Investigator, Multiple Sclerosis Association of America Needs Assessment**  
Survey research to understand the needs of people living with multiple sclerosis in the United States.  
(Funding: \$18,982, Multiple Sclerosis Association of New Jersey)

**2015 – 2017**      **Project Co-Director, New Jersey Coordination Center for Child Abuse and Neglect Forensic Evaluation and Treatment**  
Co-direct project to implement a statewide quality improvement program that promotes advances in knowledge, policy, and practice within the field of child abuse and neglect forensic evaluation and treatment. (Funding: \$800,000; NJ Department of Children and Families.)

**2015 – 2017**      **Principal Investigator, New Jersey Department of Children and Families Community Engagement and Recovery Study**  
Mixed-methods study examining the response by the New Jersey Department of Children and Families to emerging needs of fragile children and families following Superstorm Sandy. The study examines issues related to identified needs, challenges and barriers of implementing services, and the reach and efficiency of services delivered with the goal of identifying lessons learned through the experience. (Funding: \$221,695; NJ Department of Children and Families.)

**2014 – 2017**      **Principal Investigator, New Jersey Collaborative for Adoption Recruitment Education**  
Experimental evaluation of intervention to facilitate adoption and permanency for New Jersey's longest-waiting foster youth. (Evaluation funding: \$75,000; overall project funding \$500,000; New Jersey Department of Children and Families via Administration for Children and Families, U.S. Department of Health and Human Services.)

**2014 – 2017**      **Principal Investigator, Superstorm Sandy Child and Family Health Study**  
Longitudinal field research examining the well being of people living in areas of New Jersey most severely impacted by Superstorm Sandy. About 1,000 subjects are being tracked during the project. (Funding: approximately \$1.2 million; NJ Department of Health.)

**2014 – 2016**      **Principal Investigator, Older People with Developmental Disabilities and their Aging Caregivers Study**  
Mixed-methods study investigating the experiences of older adults living with developmental disabilities, as well as the needs of their aging caregivers. (Funding: approximately \$100,000; NJ Council on Developmental Disabilities.)

**2014 – 2015      Principal Investigator, NJ Rural Health Needs Assessment**

Mixed-methods study documenting the health outcomes and healthcare needs of New Jersey's rural population. *(Funding: \$65,000; NJ Department of Health.)*

**2013 – 2015      Principal Investigator, Resource Parent Perspectives Study**

Mixed-methods study to examine the experiences of current and former resource parents. Findings from focus groups and interviews contributed to the development of a survey to collect baseline information on issues related to resource parent satisfaction and needs. *(Funding: approximately \$87,000; NJ Department of Children and Families.)*

**2013 – 2015      Principal Investigator, Batterers' Intervention Program Evaluation**

Comprehensive evaluation of a batterers' intervention program to improve outcomes for child welfare system-involved families that are also experiencing domestic violence. The evaluation examined the impact of intensive training on child welfare case practice with cases involving domestic violence, as well as outcomes related to an intervention focused on addressing the batterer's behavior. *(Funding: approximately \$100,000; NJ Department of Children and Families.)*

**2011 – 2017      Principal Investigator, Paterson Housing Authority HOPE VI Revitalization Project**

Mixed-methods evaluation of a public housing revitalization project that examines outcomes for residents and the neighboring community. A longitudinal, qualitative study tracks the impact of the revitalization project on a cohort of 20 residents, examining outcomes related to self-sufficiency, community engagement and health. Archival data analysis examines changes in economic development, public safety, health, and other indicators in the community. *(Total Funding: \$100,000 through 2016; Paterson Housing Authority via U.S. Department of Housing and Urban Development.)*

**2011 – 2014      Principal Investigator, State Asthma Partnership Evaluation**

Evaluation of the State Asthma Partnership and its activities. The primary evaluation focus has been on interventions aimed at improving care for children with asthma in early care and education settings. *(Total Funding: \$65,000; NJ Department of Health.)*

**2007 – 2017      Principal Investigator, Middlesex-Somerset-Hunterdon Part A Ryan White Planning Council Support.**

Organizing the activities of the Middlesex-Somerset-Hunterdon Part A HIV Health Services Planning Council, a community group responsible for distributing approximately \$2 million in federal funding for local HIV care and treatment services annually. Activities include staffing meetings, strategic planning, conducting needs assessments, assisting in volunteer development, and ensuring that all federal requirements are fulfilled. *(Funding: approximately \$675,000 since 2007; Middlesex County Office of Human Services via Health Resources and Services Administration, U.S. Department of Health and Human Services.)*

**2007 – 2017      Principal Investigator, Middlesex-Somerset-Hunterdon Part A Ryan White Quality Management Program.**

Ensuring the delivery of high quality HIV/AIDS care and treatment delivered by the Middlesex-Somerset-Hunterdon Ryan White Part A Program. Activities include administering a web-based data collection system, developing standards of care for services, conducting quality assurance reviews, and developing corrective action plans as needed. *(Funding: approximately \$1,038,300 since 2007; Middlesex County Office of Human Services via Health Resources and Services Administration, U.S. Department of Health and Human Services.)*

**2012 – 2013      Principal Investigator, Victim-Witness Services Evaluation Support**

Statewide needs assessment to identify unmet needs of crime victims and witnesses and provide training to support the evaluation needs of the New Jersey Office of Victim Witness Advocacy. *(Total Funding: approximately \$100,000; NJ Office of Victim Witness Advocacy, Office of the Attorney General.)*

**2011 – 2013      Co-Principal Investigator, Best Practices in Providing Support for Victims of Mass Violence**

Qualitative research project in conjunction with Voices of September 11th to identify best practices in providing support for victims of mass violence that emerged through case studies of the Oklahoma City bombing, campus shootings at Virginia Polytechnic University and Northern Illinois State University, and the September 11 attacks. Findings were utilized to develop a curriculum and training materials for the Office of Victims of Crime, U.S. Department of Justice. *(Total Funding: approximately \$40,000, Voices of September 11th.)*

**2011 – 2013      Principal Investigator, Understanding the Needs of People Living with Multiple Sclerosis**  
National needs assessment to identify unmet needs of people living with multiple sclerosis in the United States. *(Total Funding: approximately \$40,000; Multiple Sclerosis Association of America.)*

**2011 – 2012      Principal Investigator, United Way of Greater Union County Needs Assessment and Family Strengthening Initiative Evaluation**

Mixed-methods community needs assessment and evaluation of a countywide Family Strengthening Initiative to inform local planning for community services related to income, health and education. *(Total Funding: approximately \$40,000; United Way of Greater Union County.)*

**2009 – 2010      Principal Investigator, Paterson Housing Authority Resident Support Services Evaluation**  
Mixed-methods evaluation of program that offered support services to enhance self-sufficiency, health, and overall well being among families and elderly residents in a public housing community. *(Total Funding: approximately \$7,500; Paterson Housing Authority.)*

**2008 – 2009      Principal Investigator, Footprints for Life Evaluation**

Evaluation of Footprints for Life, a substance abuse prevention intervention targeting primary school-aged children. Findings were submitted successfully for inclusion on the National Registry of Effective Programs and Practices. *(Total Funding: approximately \$12,000; NCADD of Middlesex County.)*

**2008 – 2009      Principal Investigator, International Institute of New Jersey Family-Centered Services for Refugee Resettlement Study**

Study examining the needs of newly-arrived refugees to inform development of a family-centered service model. *(Total Funding: approximately \$10,000; International Institute of New Jersey.)*

**2008 – 2009      Principal Investigator, United Way of Greater Union County Community Needs Assessment Study**

Conducted focus groups to understand community needs related to health, education and income with the goal of establishing future funding priorities. *(Total Funding: approximately \$18,000; United Way of Greater Union County.)*

**2007 – 2009      Principal Investigator, The WISE Program**

Evaluation of The WISE Program, a substance abuse prevention intervention targeting primary school-aged children. Findings were submitted successfully for inclusion on the National Registry of Effective Programs and Practices. *(Total Funding: approximately \$25,000; New Jersey Prevention Network.)*

**2007 – 2008      Principal Investigator, Project Reach Youth Needs Assessment and Strategic Planning Support**

Analyzed archival data, conducted geospatial analysis, and collected data through focus groups to identifying growing needs in a Brooklyn, NY neighborhood to inform program planning and service delivery. *(Total Funding: approximately \$15,000; Project Reach Youth.)*

**2007 – 2008 P      rincipal Investigator, CASA of New Jersey Evaluation Planning**

Assisted the Court-Appointed Special Advocates of New Jersey in developing a logic model to capture the activities and outcomes of a multi-faceted child welfare program with the goal of informing future evaluation efforts. *(Total Funding: approximately \$10,000; CASA of New Jersey.)*

**2005 – 2009      Principal Investigator, Keys to Achieving Resilient Transitions**

Collaborated with New Jersey Prevention Network to provide Keys to Innervation, an evidence-based substance abuse prevention program to youth aging out of the public child welfare system. *(Total Funding: approximately \$450,000, NJ Department of Human Services, Division of Addiction Services.)*

***Other Grant-Funded Projects***

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**N.J. Child Support Institute, Institute for Families, Rutgers School of Social Work**

Lead grant writer securing funds from the New Jersey Department of Human Services, Office of Child Support Services, to establish and implement the New Jersey Child Support Institute, a multidisciplinary

training program for the state's nearly 1,200 child support professionals. (*Initial funding: \$13,000,000; NJ Department of Human Services.*)

### **N.J. Child Welfare Training Partnership, Institute for Families, Rutgers School of Social Work**

Lead grant writer securing funds from the New Jersey Department of Children and Families to establish and implement the New Jersey Child Welfare Training Partnership, a collaborative training initiative operated by three state universities and the public child welfare agency to provide training for the state's child welfare workforce. (*Initial funding: \$1,500,000; NJ Department of Children and Families.*)

## ***Publications & Presentations***

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### ***Peer-Reviewed Publications***

Adlin Bosk, E., **Van Alst, D.**, Van Scoyo, A. (2017). A chronic problem: competing paradigms for substance abuse in child welfare policy and practice and the need for new approaches. *British Journal of Social Work*, 47(6), 1669-1685.

Fox, T., Hager, M., Thompson, A., & **Van Alst, D.** (2017). The many roles of the social worker in shaping the quality of care in transdisciplinary teams as we get to zero. In (ed. Mark Henrickson) *Getting to Zero Global Social Work Responds to HIV*. Joint publication of the International Association of Schools of Social Work and UNAIDS.

Koivunen, J., **Van Alst, D.**, Ocasio, K., and Allegra, C. (2017). Understanding engagement in mental health services for preschool children: an analysis of teacher, clinician, and parent perspectives. *Early Childhood Education Journal*, 45(3), 313-320.

Ocasio, K., **Van Alst, D.**, Koivunen, J., Huang, C., & Allegra, C. (2015). Promoting preschool mental health: Results of a three-year primary prevention strategy. *Journal of Child and Family Studies*, 24(6), 1800-1808.

### ***Manuscripts in Progress***

Van Alst, D. & Ocasio, K. Customer or partner: Perspectives on foster parenting and implications for recruitment and retention.

Ocasio, K. & Van Alst, D. Addressing domestic violence in a child welfare context: reframing the issue through training.

Ocasio, K. & Van Alst, D. Testing a risk and resiliency framework for foster parent recruitment and retention.

Van Alst, D., Montague, A., Damiri, P., & Murdoch, G. Vulnerability and needs of patients living with MS.

### ***Invited Publications***

**Van Alst, D.** & Peterson, N.A. (2002) Youth development: An overview. In Smrekar, C. (Ed.) Encyclopedia of Education. NY: Macmillan.

### *Other Publications and Research Reports*

**Van Alst, D.,** Greco, K., & Neveu, A. (2018). Needs Assessment. Prepared for the Multiple Sclerosis Association of America.

**Van Alst, D.,** Koivunen, J., & Aloyets-Artel, N. (2017) Understanding the Experiences and Needs of People Aging with Developmental Disabilities and Their Caregivers. Prepared for the New Jersey Council on Developmental Disabilities.

**Van Alst, D.,** & Liu, C.W. (2016). Training Needs Assessment: Child Support Hearing Officers, County Welfare Agencies, Family Division & Probation Managers. Prepared for the New Jersey Department of Human Services, Office of Child Support Enforcement.

Ocasio, K., **Van Alst, D.,** Blonar, G., Terry, A., Kaiser, J., & Kanasky, N. (2016). NJ CARES Final Research Report. Prepared for the New Jersey Department of Children and Families and Administration for Children and Families, Children's Bureau.

Child Welfare and Well-Being Research Unit. (2016). DCF Needs Assessment 2016: Interim Report: Qualitative Findings. Prepared for the New Jersey Department of Children and Families.

Child Welfare and Well-Being Research Unit. (2015). DCF Needs Assessment 2015 Interim Report: Strengths and Needs of Children and Youth At Risk for Entering Out-of-Home Placement and Those in Out-of-Home Placement. Prepared for the New Jersey Department of Children and Families.

Ocasio, K., **Van Alst, D.,** Koivunen, J., Allen, T., & Terry, A. (2015). Batterers' Intervention Program – Intervention Evaluation. Prepared for the New Jersey Department of Children and Families.

**Van Alst, D.,** Ocasio, K. & Terry, A. (2015). Resource Family Perspectives 2015. Prepared for the New Jersey Department of Children and Families.

Ocasio, K., & **Van Alst, D.** (2015). Batterers' Intervention Program – Training Evaluation: Exploring Knowledge, Attitudes & Practice. Prepared for the New Jersey Department of Children and Families.

Ocasio, K., & **Van Alst, D.** (2015). Batterers' Intervention Program – Case Studies: Exploring Motivation, Engagement & Impact. Prepared for the New Jersey Department of Children and Families.

Ocasio, K. & **Van Alst, D.** (2015). Family success Center Survey 2015. Prepared for the New Jersey Department of Children and Families.

Abramson, D., **Van Alst, D.,** Merdjanoff, A., Piltch-Loeb, R., Beedasy, J., Findley, P., Peek, L., Mordy, M. Moroso, S., Ocasio, K., Park, Y.S., Sury, J., and Tobin-Gurley, J. (2015). The PERSON Report: Sandy Child & Family Health Study (S-CAFH). Rutgers University School of Social Work, New York University Global Institute of Public Health, National Center for Disaster Preparedness at Columbia University, Colorado State University, Briefing Report 2015\_1. (Release date 6 April 2015).

- Abramson, D., **Van Alst, D.**, Merdjanoff, A., Piltch-Loeb, R., Beedasy, J., Findley, P., Peek, L., Mordy, M., Moroso, S., Ocasio, K., Park, Y.S., Sury, J., and Tobin-Gurley, J. (2015). The PLACE Report: Sandy Child & Family Health Study (S-CAFH). Rutgers University School of Social Work, New York University Global Institute of Public Health, National Center for Disaster Preparedness at Columbia University, Colorado State University, Briefing Report 2015\_1. (Release date 1 April 2015).
- Carney, R., **Van Alst, D.**, & Fox, T. (2015). New Jersey Rural Health Needs Assessment. Prepared for New Jersey Department of Health, Office of Rural Health.
- Carney, R., **Van Alst, D.**, & Fox, T. (2015). New Jersey Rural Health Chartbook. Prepared for New Jersey Department of Health, Office of Rural Health.
- Van Alst, D.**, Carney, R., & Koivunen, J. (2015). Paterson Housing Authority HOPE VI Revitalization Year 3 Project Evaluation Report. Prepared for Paterson Housing Authority and the U.S. Department of Housing and Urban Development.
- Ocasio, K., **Van Alst, D.**, Pirozzolo, K., Mayo, M., & Terry, A. (2014). Resource Parent Perspectives – Final Report. Prepared for the New Jersey Department of Children and Families.
- Van Alst, D.**, Aloyets-Artel, N., Fox, T., Bales, H., Burstein, J., Chadha, M., Rosenberg, S., & Terry, A. (2014). Needs of People Living with Multiple Sclerosis: A National Needs Assessment. Prepared for the Multiple Sclerosis Association of America.
- Van Alst, D.** and Aloyets-Artel, N. (2014). Asthma Healthcare Provider Video Training and Asthma Toolkit Assessment – Final Report. Prepared for New Jersey Department of Health, Asthma Awareness and Education Program.
- Van Alst, D.** (2014). WNBI 2.0: Preventing Substance Use and Bullying through Media Literacy Skills. Evaluation Report. Prepared for National Council on Alcohol and Drug Dependency of Middlesex County, Inc.
- Van Alst, D.** (2014). Paterson Housing Authority HOPE VI Revitalization Year 2 Project Evaluation Report. Prepared for Paterson Housing Authority and the U.S. Department of Housing and Urban Development.
- Ocasio, K., **Van Alst, D.** & Pirozzolo, K. (2014). Resource Parent Perspectives Preliminary Report, Phase 1. Prepared for New Jersey Department of Children & Families.
- Van Alst, D.**, Burstein, J. & Terry, A. (2014). Overview of Recovery Support Services. Prepared for Middlesex County Office of Human Services, Division of Addictions and Mental Health Planning.
- Zurlo, K., **Van Alst, D.**, Burstein, J., Hixon, T., Rosenberg, S., & Terry, A. (2013). Enhanced Options Counseling Training Final Evaluation Report. Prepared for New Jersey Department of Human Services.
- Germak, A., **Van Alst, D.**, & Klena, J.C. (2013). National Association of Social Workers – New Jersey Leadership Development Training Program Final Evaluation Report. Prepared for National Association of Social Workers, New Jersey Chapter.

- Van Alst, D.,** Rosenberg, S., Burstein, J. & Terry, A. (2013). Overview of Early Intervention Services. Prepared for Middlesex County Office of Human Services, Division of Mental Health and Addictions Planning.
- Ocasio, K., **Van Alst, D.,** Koivunen, J., Pirozollo, K., & Terry, A. (2013). Division of Child Protection and Permanency Domestic Violence Attitudes & Case Practice, Preliminary Baseline Report. Prepared for New Jersey Department of Children and Families.
- Germak, A., Wimpfheimer, S., **Van Alst, D.,** Simone, P., Choi, G., Ugoji, N., & Donnelly, L. (2013). Division of Child Protection and Permanency Management Fellows Project – Final Evaluation. Prepared for New Jersey Department of Children and Families.
- Van Alst, D.,** Koivunen, J., Hixon, T., Terry, A., & Burstein, J. (2013). Policy Brief: Factors Influencing the Development of Self-Sufficiency Among Public Housing Residents. Policy brief published by the Institute for Families, Rutgers School of Social Work.
- Van Alst, D.,** Koivunen, J., Hixon, T., Terry, A., & Burstein, J. (2013). Policy Brief: Satisfaction with Housing: Positive Aspects of the Apartment Community. Policy brief published by the Institute for Families, Rutgers School of Social Work.
- Van Alst, D.** (2013). Middlesex County Needs Assessment 2012. Prepared for Puerto Rican Action Board and Middlesex County Human Services Advisory Council.
- Germak, A., **Van Alst, D.** & Chadha, M. (2012). New Jersey Social Innovation Institute – Training Evaluation Report. Prepared for New Jersey Social Innovation Institute, Rutgers Business School.
- Van Alst, D.** (2012). Training Evaluation: Disability Employment Academy on Leadership and Professional Skills in Job Development Certificate Program. Prepared for New Jersey Department of Human Services.
- Van Alst, D.** (2012). Paterson Housing Authority Baseline HOPE VI Revitalization Year 1 Project Evaluation Report. Prepared for Paterson Housing Authority and the U.S. Department of Housing and Urban Development.
- Van Alst, D.** & Aloyets-Artel, N. (2012). New Jersey State Asthma Intervention Assessment. Prepared for New Jersey Department of Health, Asthma Awareness and Education Program and U.S. Centers for Disease Control.
- Van Alst, D.,** Klena, J., & Aloyets-Artel, N. (2012). United Way of Greater Union County's Family Strengthening Network: A Formative Assessment. Prepared for the United Way of Greater Union County.
- Van Alst, D.,** Klena, J., & Aloyets-Artel, N. (2012). Greater Union County (NJ) Needs Assessment. Prepared for the United Way of Greater Union County.
- Van Alst, D.,** & Klena, J. (2012). Greater Union County (NJ) GIS Analysis. Prepared for the United Way of Greater Union County.

- Van Alst, D.** & Aloyets-Artel, N. (2011). New Jersey State Asthma Partnership Assessment. Prepared for the New Jersey Department of Health and Senior Services, Asthma Awareness and Education Program and the U.S. Centers for Disease Control.
- Van Alst, D.** (2010) Paterson Housing Authority Evaluation Report – Resident Self-Sufficiency Programs. Prepared for Paterson Housing Authority and U.S. Department of Housing and Urban Development.
- Blake, A., Huang, C., Siebert, C., **Van Alst, D.**, Koivunen, J., Ocasio, K., & Allegra, C. (2010). Cross-Site Evaluation of the Early Childhood Mental Health Promotion and Access Initiative. Prepared for the Healthcare Foundation of New Jersey.
- Ocasio, K., Koivunen, J., **Van Alst, D.**, & Allegra, C. (2010). Policy Brief: The Early Childhood Mental Health Promotion and Access Initiative: A Model for Addressing Prevention and Mental Health and Behavioral Problems in Young Children. Policy brief published by the Institute for Families, Rutgers School of Social Work.
- Van Alst, D.** (2009). Project WISE Evaluation Report. Prepared for the New Jersey Prevention Network and successfully submitted for inclusion on the National Registry of Effective Programs and Practices, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.
- Blake, A., **Van Alst, D.**, & Mordecai, L. (2009). Footprints for Life: Evaluation Report. Prepared for the National Council on Alcohol and Drug Dependency of Middlesex County, Inc. and successfully submitted for inclusion on the National Registry of Effective Programs and Practices, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.
- Van Alst, D.**, Jou, M.K. and Koivunen, J. (2009). Family-Centered Services for Refugee Resettlement. Prepared for the International Institute of New Jersey.
- Van Alst, D.** (2008). An Evaluation Report for Even Start Family Literacy Program. Prepared for the United Passaic Organization and the NJ Department of Education.
- Van Alst, D.** (2008). Project WISE Evaluation Findings: Effective Substance Abuse Prevention for Senior Citizens. Prepared for the New Jersey Prevention Network.
- Van Alst, D.** (2008). Institutional Abuse Investigations Unit Monitoring. Prepared for the Office of the Child Advocate, State of New Jersey.
- Blake, A., **Van Alst, D.**, & Jang, S.J. (2007). WISE Program Evaluation Pretest/Posttest/Follow-Up. Evaluation Report. Prepared for the New Jersey Prevention Network.
- Van Alst, D.**, & Fox, T. (2006). Footprints for Life Evaluation Report. Prepared for the National Council on Alcohol and Drug Dependency of Middlesex County, Inc.
- Van Alst, D.** and Fox, T.C. (2006). An Evaluation of the Child Assault Prevention Program. Prepared for the New Jersey Child Assault Prevention Program.

- Davidson, M.E., Glasser, P., **Van Alst, D.**, Fox, T.C., Klena, J.C. and Staats, A. (2006). Monitoring Report: The Department of Human Services Institutional Abuse Investigations Unit. Prepared for the New Jersey Office of the Child Advocate.
- Van Alst, D.** & Fox, T. (2006). TILT Job Education and Training Program: Evaluation Report. Prepared for LifeTies, Inc. – All Participants. Technical report submitted to LifeTies, Inc.
- Davidson, M.E., Glasser, P., **Van Alst, D.**, Tatum, W., Klena, J.C., and Staats, A. (2005). Monitoring Report: The Department of Human Services Institutional Abuse Investigations unit. Prepared for the New Jersey Office of the Child Advocate.
- Van Alst, D.** and Fox, T.C. (2004). An Evaluation of the Footprints for Life Program. Prepared for the National Council on Alcohol and Drug Dependency of Middlesex County, Inc.
- Van Alst, D.** (2004). An Evaluation of the Kids Who Graduate Program. Prepared for the Urban Youth Development Corporation.
- Van Alst, D.** & Thompson, A.B. (2003). Neighborhood Leadership Initiative Program Evaluation Report; Qualitative Findings. Prepared for the Community Foundation of New Jersey.
- Van Alst, D.**, Lee, M. Fox, T. and Peterson, A. (2001). Community Needs Assessment. Prepared for the Middlesex-Somerset-Hunterdon HIV Health Services Planning Council.
- Van Alst, D.** and Klena, J.C. (2001). Community Needs Assessment. Prepared for Somerset Treatment Services.
- Van Alst, D.** (2001). Evaluation of the New Jersey Child Health Journal Pilot Program. Prepared for the Central New Jersey Maternal and Child Health Consortium.
- Van Alst, D.** (2000). The needs of youth transitioning out of child welfare: Findings from Focus Groups with Youth and Service Providers. Prepared for the New Jersey Division of Youth and Family Services.
- Van Alst, D.** (2000). A Three-Year Plan for Early Intervention Services in Central New Jersey. Prepared for Mid-Jersey CARES for Special Children, Central New Jersey Maternal and Child Health Consortium.
- Van Alst, D.** (2000). Profile of Early Intervention Service Providers. Prepared for Mid-Jersey CARES for Special Children, Central New Jersey Maternal and Child Health Consortium.
- Van Alst, D.** (2000). The Needs of Families Receiving Early Intervention Services in Central New Jersey. Prepared for Mid-Jersey CARES for Special Children, Central New Jersey Maternal and Child Health Consortium.
- Van Alst, D.** (1999). The Needs of Families Receiving Early Intervention Services in Central New Jersey: A Focus Group Study. Prepared for Mid-Jersey CARES for Special Children, Central New Jersey Maternal and Child Health Consortium.

Speer, P. and **Van Alst, D.** (1998). Final Evaluation Report on the Hudson County Community Partnership. Prepared for Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

Speer, P. and **Van Alst, D.** (1998). Final Evaluation Report on the Hudson County Community Partnership. Prepared for Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

Speer, P. and **Van Alst, D.** (1998). Interim Evaluation Report on the Hudson County Community Partnership. Prepared for Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

Speer, P. and **Van Alst, D.** (1997). Annual Evaluation Report on the Hudson County Community Partnership. Prepared for Center for Substance Abuse Prevention, Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services.

### ***Select Peer-Reviewed Presentations***

**Van Alst, D.,** Montague, A., & Damiri, P. (2018, May) *Needs of MS Patients At-Risk of Being Underserved.* Poster presented at 2018 Annual Meeting of the Consortium of Multiple Sclerosis Centers, Nashville, TN.

Fox, T., Lackey, C., Counts, L., & **Van Alst, D.** (2015, May). *Self-Care is Quality Care: A Workshop for Case Managers and Consumers about How Health and Wellness Promote Positive Outcomes, Including Increased Adherence and Greater Rates of Viral Load Suppression within a Caseload.* Presented at HIV/AIDS 2015: The Social Work Response, the 27<sup>th</sup> Annual National Conference on Social Work and HIV/AIDS, New Orleans, LA.

**Van Alst, D.** & Ocasio, K. (2015, January). *Risk, Resiliency and Protective Factors: Influences on Foster Parent Retention.* Presented at the 19<sup>th</sup> Annual Conference of the Society for Social Work and Research. New Orleans, LA.

Shukla, S., **Van Alst, D.,** & Fox, T. (2014, October). *Coping with Uncertainty: Understanding a Primary Concern of Patients with MS.* Presented at Council on Social Work Education Annual Program Meeting, Tampa, FL.

**Van Alst, D.,** Rapp, R., & Shukla, S. (2014, May). *Patterns in MS Patient Needs Over Time.* Presented at 2014 Consortium of Multiple Sclerosis Centers Annual Meeting and 6<sup>th</sup> Cooperative Meeting with Americas Committee for Treatment and Research in Multiple Sclerosis. Dallas, TX.

**Van Alst, D.,** Rapp, R., & Shukla, S. (2014, May). *Coping with an Unpredictable Disease Trajectory: Findings from a National Needs Assessment of People Living with MS.* Presented at 2014 Consortium of Multiple Sclerosis Centers Annual Meeting and 6<sup>th</sup> Cooperative Meeting with Americas Committee for Treatment and Research in Multiple Sclerosis. Dallas, TX.

Shukla, S., Fox, T., & **Van Alst, D.** (2014, May). *HIV Testing to Treatment: A Study of Choices.* Presented at the 26<sup>th</sup> Annual National Conference on Social Work and HIV/AIDS, Denver, CO.

- Fox, T. & **Van Alst, D.** (2014, May). *Ensuring Quality Care Post-Health Care Reform: Social Work's Role*. Presented at Social Justice and Social Work: Embracing Our Values, 2014 Annual Conference of the National Association of Social Workers, New Jersey Chapter, Atlantic City, NJ.
- Battle, D., James, C., **Van Alst, D.** & Germak A. (2013, October). *Developing Social Work Leaders: A University-Community Partnership*. Presented at Council on Social Work Education Annual Program Meeting, Dallas, TX.
- Van Alst, D.** & Fox, T. (2013, October). *Getting Past No! Strategies for Accessing Participants and Collecting Data When You Have No Direct Access to Your Target Population*. Think Tank presentation at Evaluation 2013, American Evaluation Association, Washington, DC.
- Fox, T. & **Van Alst, D.** (2013, October). *Facilitating Data-Based Decision Making in Community Planning*. Think Tank presentation at Evaluation 2013, American Evaluation Association, Washington, DC.
- Germak, A. & **Van Alst, D.** (2012, November). *Building the Capacity of Social Entrepreneurs Through Interdisciplinary Research, Training and Evaluation*. Poster presented at Council on Social Work Education Annual Program Meeting. Washington, DC.
- Van Alst, D.**, & Ocasio, K. (2010, October). *Finding the Field in Social Work Research*. Presented at Council on Social Work Education Annual Program Meeting. Portland, OR.
- Van Alst, D.**, Hirabayasi, F., Jou, M.K., and Koivunen, J. (2009, June). *Collaboration with Refugee Resettlement Agency Leads to New Family-Centered Model for Resettlement Programs*. Paper presented at the Conference on International Social Work. Jersey City, NJ.
- Van Alst, D.**, Staats, A, Shivers, T. & Shpiegel, S. (2008, May). *The New Jersey Dataweb and the National Youth in Transition Database*. Presented at Pathways to Adulthood 2008 National Independent Living-Transitional Living Conference. Pittsburgh, PA.
- Simon, B. and **Van Alst, D.** (2005, February). *Faith-Based Inclusiveness: The New York Association for Improving the Condition of the Poor*. Presented at Council on Social Work Education Annual Program Meeting. New York, NY.
- Van Alst, D.** & Caplan, N. (2004, May) *The New Jersey Data Collection Project – A Collaboration in Client-Level Data Tracking and Evaluation*. Presented at Pathways to Adulthood 2004 National Independent-Transitional Living Conference. Washington, DC.
- Van Alst, D.** (2004, October). *Identifying the Need for Arts-Based Youth Development Programs*. Presented at Breaking Down the Walls: Reaching At-Risk Youth through the Arts, Piscataway, NJ.
- Van Alst, D.** (2003, October). *Evaluating Arts in Prevention Programs: A Logic Model Approach*. Presented at Breaking Down the Walls: Reaching At-Risk Youth through the Arts. Piscataway, NJ.
- Van Alst, D.** (2002, September). *Internet-based Intervention With Older Foster Youth*. Presented at 12<sup>th</sup> Annual Statewide Conference on Independent Living Programs. Eatontown, NJ.

Van Alst, D. (2001, September). *Educational Opportunities for Foster Youth*. Presented at 11<sup>th</sup> Annual Statewide Conference on Independent Living Programs. Woodbridge, NJ.

### *Invited Presentations*

Van Alst, D., & Fox, T. (2016, April). *New Jersey's Rural Health Needs Assessment*. Presented at Quality through Collaboration: An Integrated Approach to Improving Health in New Jersey Rural Communities, Plainsboro, NJ.

Van Alst, D., Aloyets-Artel, N., & Koivunen, J. (2016, January). *Aging with Developmental Disabilities: Understanding the Needs of Individuals and their Caregivers*. Presented at New Jersey Council on Developmental Disabilities Meeting, Princeton, NJ.

Van Alst, D. (2015, October). *DCF's Response in the Aftermath of Superstorm Sandy*. Presented at New Jersey Department of Children and Families, Shared Learning Collaborative, New Brunswick, NJ.

### *Training & Electronic Material*

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Van Alst, D. & Ocasio, K. (2015). *Data Analysis Using SPSS*. Webinar and in-person training developed for staff of the New Jersey Department of Children and Families.

Van Alst, D., Koivunen, J., & Hixon, T. (2013). *Program Evaluation for Victim Witness Service Agencies*. Curriculum development and training delivered to staff and managers programs funded by the Office of Victim Witness Advocacy, New Jersey Office of the Attorney General.

Van Alst, D. (2013). *Best Practices: Data Collection*. Webinar developed and delivered for Beyond Diversity.

Van Alst, D. (2013). *Getting Started with Program Evaluation*. Webinar developed and delivered for Beyond Diversity.

Van Alst, D. (2012, 2011). *Program Evaluation: An Opportunity, Not a Burden*. Continuing education program developed and delivered for the Office of Continuing Education, Institute for Families, Rutgers School of Social Work.

### *Professional Affiliations*

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American Evaluation Association, Council on Social Work Education, International Institute on Qualitative Methodology, National Association of Social Workers, Society for Social Work and Research

### *Social Work Licensure*

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Licensed Master Social Worker (LMSW) – New York