

LOW COST SWIM LESSONS

Fall 2016

WHO: The College of Saint Rose Water Safety Instructor students.

WHAT: Swim lessons for 4 year old children to Adults. Swim lessons are taught by American Red Cross Water Safety Instructor Course college students (1 instructor for every 3-5 students).
Note: Students will only be grouped by swimming *ability*.

WHERE: The College of Saint Rose Pool
Events and Athletics Center (EAC) on Western Avenue
(The building has a 3 story glass front)

WHEN: Mondays, **5:55-6:40 P.M.** OR **6:45-7:30 P.M**
Lesson Dates: **October 3rd, October 17th, October 24th, October 31st,
November 7th, November 14th, & November 21st, November 28th**
***Note*:** There will **NOT** be class on October 10th (Columbus Day)

COST: \$30.00 for all 8 sessions
Please make check payable to "**The College of Saint Rose**"
and mail directly to the following address:
The College of Saint Rose
432 Western Avenue
Albany, New York 12203
Attn: Physical Education - Ann Neilson Box # 2489

Questions? Please call Ann Neilson at 518-454-5248.

FIRST COME. FIRST SERVE. Payment is the only way to hold a place in these swimming classes.

Student's Name _____ Student's Age _____ Desired Swim Time _____

Previously enrolled in a swim program? Yes _____ No _____

If Yes, please list the level and skills of student _____

Parents' Names _____

Parents' Street Address _____

Parents' City, State, Zip _____

Email address _____

Home Number _____ Work Number _____

How did you hear about these "low cost swim lessons"? _____

Note: The Physical Education department welcomes children with special needs. Please let us know as soon as possible if your child has a special need so we can try to give them a special education major college student as their swim instructor.

Please note any special needs required by the student: _____