



## Have you heard about Friday Knights?

It is a recreation and family support program for children and adolescents with autism spectrum disorders (ASD) and their families held on the Saint Rose Campus.

It is a great service opportunity where you can work with other College of Saint Rose undergraduate and graduate students to provide recreation for children and adolescents (ages 5-19) with autism spectrum disorders.

It is a fun way to spend 5 of your Friday evenings while gaining valuable experience working with kids. You can still go out afterwards!

Current rates of autism spectrum disorders (autism, Asperger syndrome, PDD) are 1 in 110. There is a high probability that you already know someone with this disability and if you plan to teach, you will likely have a child with ASD in your classroom.

If you want to find out more about it, check out the Winter 2010 Alumni Magazine article at:

[http://www.strose.edu/officesandresources/public\\_relations\\_marketing/magazine](http://www.strose.edu/officesandresources/public_relations_marketing/magazine)

If you would like to participate, please complete the attached application. If you have questions, contact Dr. Susan DeLuke at [delukes@strose.edu](mailto:delukes@strose.edu)

Applications are due by September 13th.

Dates for this semester: 9/24 (mandatory orientation and training), 10/1, 10/15, 10/29, 11/12 & 12/3

Time of program: 5:30 p.m. to 8:15 p.m.

## Volunteer Application Form-Fall 2010 Friday Knights Recreation Program

Mark these dates in your calendar now!  
9/24 (mandatory training), 10/1, 10/15, 10/29, 11/12, 12/3

Please submit to Susan DeLuke, Box 20 in Lally or email to [delukes@strose.edu](mailto:delukes@strose.edu)  
Applications due by September 13 @midnight  
Please print clearly (especially your email address)

Name: \_\_\_\_\_ Year in school: \_\_\_\_\_

Major at CSR: \_\_\_\_\_ Email Address: \_\_\_\_\_

Land Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Have you participated in Friday Knights previously?  
If yes, when? \_\_\_\_\_ What was your role? \_\_\_\_\_

Describe your experience working with children (camp, babysitting, parenting, teaching) & specify if it was with children with disabilities:

Have you worked with a child or adult with intensive behavior or significant communication challenges in the past?  
If so, please describe your role and the needs of the individual.

Age preferences (rank order all you are willing to do):

- \_\_\_ (Primary=K-Grade 2) (Note: these children typically have the most challenging behavior)  
\_\_\_ (Elementary=Grade 2-5)  
\_\_\_ (Middle School=Grades 6-8)  
\_\_\_ (High School=Grades 9-12) (Note: these adolescents typically have the least challenging behavior)

Position preferences (rank order any you are willing to do):

- \_\_\_ General counselor-You are the "home-base teacher" who is responsible for leading and supporting a group of children for the entire evening. You take them to different activities and make sure they participate successfully. You also lead an opening activity each night. You are responsible for supporting and addressing behaviors if they occur. You maintain the safety and involvement of the group. You share this role with another person but you are expected to attend at least **4 sessions**.
- \_\_\_ Activity counselor-You are the "activity teacher" who is responsible for planning fun social activities in a special area of interest for different groups of children. You share this role with someone so you can alternate planning responsibilities but you are expected to attend at least **3 sessions**.
- \_\_\_ 1:1 counselor-You are responsible for supporting a specific child who may have more challenges or limitations in behavior, communication, or attention. You work with the

same child each week so you are expected to attend **all 5 sessions**. This can be the most challenging and committed position since you are dealing with behaviors or difficulties with attention and communication!

\_\_\_ Floater-You will be assigned to fill-in one of the above roles. This works best for those who are not able to commit to most of the evenings but who will attend at least **3 sessions**. You must be flexible and willing to jump in and learn quickly.

Answer the next question, only if you will consider serving as an Activity counselor. Identify the activities you are willing to prep/lead (rank order any that you would consider):

Indicate the age levels preferred: Primary, Elementary, Middle/High

- \_\_\_ Wii games
- \_\_\_ Board games
- \_\_\_ Dramatic activities
- \_\_\_ Gross motor activities
- \_\_\_ Yoga
- \_\_\_ Art
- \_\_\_ Math games-fun with numbers
- \_\_\_ Music
- \_\_\_ Science
- \_\_\_ History
- \_\_\_ Videography
- \_\_\_ TV Game Shows (eg. Are you smarter than a 5<sup>th</sup> grader?)
- \_\_\_ Dance (any style you know)
- \_\_\_ Theater program (cross age groups)
- \_\_\_ Other (you can suggest an activity or topic)

Please comment on why you think you could successfully fulfill the role or roles you have signed up for?

Is there a person(s) you prefer to work with as your co-counselor? (no guarantees)

Circle any evenings you cannot attend the program. It is important that you notify us of these initially when you sign up (or as soon as you are aware of the situation) so we can provide adequate program coverage. 10/1, 10/15, 10/29, 11/12, 12/3

Important things to consider if you wish to be part of this program:

1. You must attend the mandatory training on September 24 from 5:30-7:30 p.m.
2. This is a professional commitment. Think about whether you can and will attend on a regular basis before you sign up. We can work to accommodate your dates of availability at the start of the program but calling last minute to cancel is problematic. Not showing up at all will result in removal from the program.
3. The groups range in size from 6-12 children per group depending on their age and needs. A primary outcome of the program is to encourage social interaction and cooperation so your activities and role should support this outcome. You should be prepared, alert, energetic, always involved and “tuned-in” to the kids.