CAREER ADVISORY NETWORK (C.A.N.)

The Career Advisory Network (C.A.N.), is accessible via eCareerCenter and enables you to consult with Alumni, Parents and Friends of The College of Saint Rose who have offered to share information and insights about their profession, industry, employer, and geographic location.

WHAT ARE THE BENEFITS OF C.A.N.?

Explore career fields

- Learn what people with your major are doing
- Discover alternative career possibilities
- Explore other majors and careers that interest you

Network with professionals

- Conduct informational interviews to obtain information about professions, organizations and industries
- Job shadow to get a glimpse of a "day in the life"

HOW DO I ACCESS C.A.N.?

- Go to www.strose.edu/careercenter
- Login into eCareerCenter (if this is your first time accessing eCareerCenter simply follow the login instructions)
- Click on Career Advisory Network tab

HOW DO I SEARCH THE C.A.N. DATABASE?

- Scroll through the list of C.A.N. members to find those that might be of interest to you or click on the Detailed Search tab
- Narrow your target by the following criteria: major, degree level, career field, employer, graduate/ professional school or keyword, and then click on the submit button to perform the search
- Click on the last name to view a profile of a C.A.N. member, including both employment and educational information
- Do NOT click on contact information until you read the following sections

WHAT SHOULD I DO BEFORE CONTACTING A C.A.N. MEMBER?

- Conduct preliminary research on his/her career field, position, company, and/or industry
- Prepare questions prior to making contact
- Use the Informational Interviewing handout to help develop appropriate questions
- Check to see if the C.A.N. member is in an accessible geographic location (i.e. would you be able to job shadow or conduct an informational interview?)

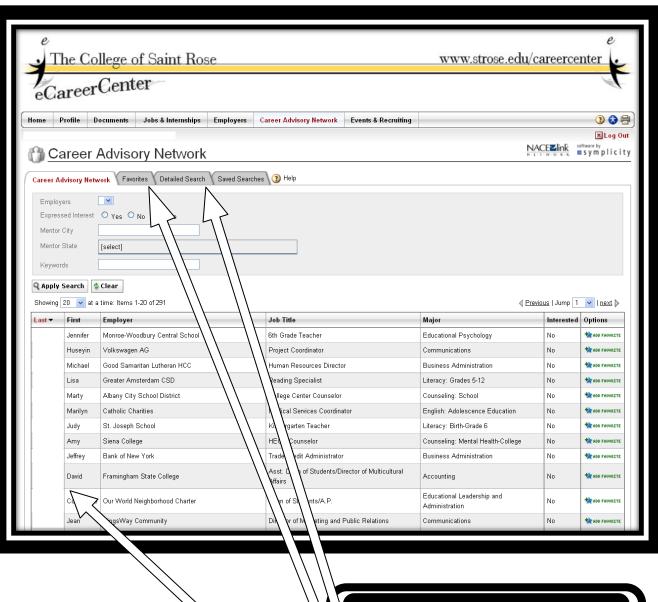
HOW SHOULD I CONTACT A C.A.N. MEMBER?

To be sure your contact is clear and professional, follow these tips:

- Click on the Interested button only if you are planning on contacting the C.A.N. member
- Contact the C.A.N. member via email
- Be sure your e-mail name and message are professional
- Explain exactly how they can assist you (i.e. 30 minute meeting to answer questions, job shadow, short phone conversation)
- Give your full name and contact information

WHAT SHOULD I DO AFTER TALKING TO A C.A.N. MEMBER?

- Send a thank you note remember C.A.N. members are volunteering their time to help you
- Please notify the Career Center to share your positive experiences and/or any difficulties you encounter



Search C.A.N. members by career field, major, degree, employer, graduate/professional school and/or keywords

Maintain a list of "favorite" C.A.N. members and the members that you have previously expressed interest in contacting

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